

DYNAMIC ECG MONITORING
DYNAMIC ELECTROCARDIOGRAPHY ACCORDING TO HOLTER.

Symptoms often manifest only at certain times during the day, and not when the patient is in the doctor's clinic. This examination has the characteristics of a simple electrocardiogram, but rather than recording data only for a few seconds during the consultation with the doctor, it lasts for 24 or more hours. It involves the application to the patient of adhesive electrodes connected to a small recording device (slightly larger than a cellular phone). This allows the heart's electrical activity to be monitored over a long period of time and observations to be made of variations during the different phases of the day relating to the patient's normal daily activities. Thanks to this examination, it is possible to register brief alterations in the heartbeat that may justify a complaint of recurring "palpitations" which a simple electrocardiogram would fail to detect.